Your Guide to Meal Plans

2026 - 2027 Meal Plans

19 MEALS*
$4,427
19 meals per week/semester
$150 in Flex Dollars

14 MEALS*
$3,379
14 meals per week/semester
$100 in Flex Dollars

10 MEALS
$2,718
10 meals per week/semester
$75 in Flex Dollars

100 MEALS
$2,165
100 meals/semester
$100 in Flex Dollars

75 MEALS
$1,724
75 meals/semester

50 MEALS
$1,283
50 meals/semester

Dining FAQ

Will dining services accommodate my special dietary needs?
Absolutely. Your safety is important to us. If you have any food allergies, sensitivities, or require special accommodations, please email **ma4061@metzcorp.com** to inform our management team. You can also scan the QR codes on our menus for daily allergen and nutritional information.

Are there any other places to eat on campus besides the dining hall?
For a quick caffeine fix or a snack on the go, visit Cub Cafe at the Newtown campus. Here we offer a variety of Chef Fresh items including breakfast items, sandwiches, and salads, plus Wawa® coffee.

Who should I reach out to regarding campus dining questions?
Whether you have questions about changing your meal plan or adding more Points to your account, our team is available to help. You can email us at **ma4061@metzcorp.com**. We also invite you to explore our website at **holyfamilymetz.com**.

How can I see a menu without coming to the Tiger Cafe or Cub Cafe?
Explore our full menu anytime at **holyfamilymetz.com** from your desktop or mobile device.

Does dining services hire students for on-campus positions?
Yes! We welcome all interested students to apply for positions with us. The benefits of working for dining services include flexible scheduling around your academic commitments, working close to where you live, gaining leadership experience, earning competitive wages, and–of course–a free meal when you're working. Interested in applying? Email **ma4061@metzcorp.com** to get started.

Taste the difference fresh makes! Our housemade pizza is crafted with ingredients so good, you'll be craving it long after the last bite.

Check out our menu

Additional Information

	Meal Plan	Three for Me	Flex Dollars	Credit/ Virtual Wallet
Tiger Cafe	✓		✓	✓
Cub Cafe		✓	✓	✓

How does Three for Me work?
The Three for Me program, also called Meal Exchange, provides meal plan participants an alternative to the Tiger Cafe. By exchanging a meal, students can enjoy a pre-selected Chef Fresh, side, and drink combination at the Cub Cafe.

What are Flex Dollars?
Flex Dollars are student dollars for purchasing meals such as fresh deli sandwiches and pizza, plus beverages and desserts at the Tiger Cafe. These funds rollover from the fall to spring semester and expire at the end of the year.

Holy Family UNIVERSITY